# Modeling the College Application Decision Process in a Land-Grant University 

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#### Abstract

Over the past two decades as student recruitment has become increasingly important, numerous studies have examined the college choice process in an attempt to identify factors influencing students' decision making. The findings from these studies are particularly helpful for college administrators in identifying a potential pool of desirable students and in implementing new recruitment techniques. In this study we used a logistic regression model to investigate the effects of variables relating student characteristics and institutional factors on the decision to apply to a large land-grant university. [JEL I21] © 1998 Elsevier Science Ltd. All rights reserved.


## 1. Introduction

Each year millions of high school graduates make decisions about whether to continue their education, and if so, where to apply and enroll. For some students the choice process is relatively simple because of the existence of a particular academic program in a specific institution, the proximity of an institution of higher education, or a host of other factors. For others the choice process is difficult as they attempt to find an institution that will match their educational goals, interests and financial constraints.

College choice decision making is important for the student and also has implications for institutional policy. A student's college choice strongly influences his or her professional career, and there is evidence to indicate that the type of postsecondary education a student completes yields differential outcomes (Hossler et al., 1989). However, these differential outcomes may be less pronounced when one controls for (possibly) confounding factors

[^0]such as individual characteristics and choice of academic major. An institution also has a vested interest in understanding the factors that influence students' application and enrollment decisions in order to attempt to increase the "fit" between students and the institution. If individuals' goals and institutional factors are not congruent, recruitment may be ineffective and retention problems may ensue. Institutions can use the results of student college choice modeling (a) to develop marketing strategies designed to attract sufficient numbers of students with the desired academic and nonacademic characteristics, and (b) to more effectively target limited financial aid resources.

Despite substantial investment in marketing and recruitment, these activities are often not based on empirical research of the college choice process. Many institutions are still unsure which marketing and recruitment activities really work. If institutions want to plan their enrollments more effectively, they must pay special attention to the college choice behavior of prospective students by considering the effects of student and institutional characteristics, by being more responsive to market demands, and by being more aware of the increasing
importance of student recruitment (Paulsen, 1990). If used effectively, studies of college choice can provide valuable information in developing marketing, recruitment and retention strategies (Hossler, 1984).

Despite the importance of such information, the literature on college choice is incomplete, particularly with respect to the examination of the factors affecting student choices at different types of institutions. Many institutions have little information about the factors influencing prospective students' college choice processes. The purpose of this study is to extend the previous studies of college choice by examining the factors affecting students' decisions to apply to a large land-grant institution. Some of the questions our research addresses are: What are the characteristics of students choosing to apply to a large land-grant university? How can factors under an institution's control be used to affect a student's decision to apply? How can institutions more effectively use available data to inform the enrollment management process?

This study differs from previous studies of student choice in several ways. First, the study estimates a model of student application probability and examines the factors affecting students' propensities to apply to a large research university. Using the student as the unit of analysis, the decision to apply is analyzed using logistic regression techniques. Second, we use unit record data compiled from the ACT Student Profile Questionnaire (a survey completed by students when they take the ACT college entrance exam) and institutional data on students who applied for admission to the study institution for a recent fall quarter. The findings of this study provide information about modeling the college application decision process to guide recruitment and marketing efforts at similar institutions and at institutions in general. Third, we also examine the effects of several variables not typically included in previous college choice studies. These variables include information about a student's probable major, his or her interest in nationally recognized programs at the institution, special educational needs of potential students, out-of-class accomplishments of students, and a student's work plans while in college. Fourth, we examine application behavior related to a large land-grant institution. The report "Returning to Our Roots: The Student Experience" by the Kellogg Commission (1997) on the Future of State and Land-Grant Universities suggests the need for a set of seven principles to guide academic reform in state and land-grant institutions. One of the principles addresses the question of access and opportunity (i.e. maintaining the widest possible access to the benefits of a college education), and notes that two-thirds of the bachelor's degrees awarded in the United States are awarded by land-grant institutions. Empirical analysis of application (and enrollment) behavior will undoubtedly
help these institutions identify policy issues related to accessibility.

The paper is divided into four sections. First, a brief review of the literature is provided, while in the second section the model and data are described. In the third section we detail the empirical results and in the final section we discuss the results and their implications.

## 2. Literature review

Several authors (e.g. Hossler et al., 1989; Paulsen, 1990) have examined the literature on student college choice. There are two distinct approaches to studying student college-going behavior. Student demand models explain enrollments as a function of measures characterizing the population of potential enrollees and the characteristics of a relevant set of existing schools (Hoenack and Weiler, 1979). Student college choice models predict student behavior in choosing a particular school as a function of students' individual characteristics and preferences about the school (Fuller et al., 1982).

Many institutions engage in various forms of marketing and recruitment activities and seek ways to make themselves more attractive than other institutions in the eyes of prospective students. An understanding of student choice decision-making has become a primary part of effective strategic enrollment management. Effective strategic enrollment management depends on a better understanding of the timing and nature of students' search processes and knowledge about which student and institutional characteristics are most important in the student college choice process. For example, Paulsen (1990) noted that student college choice studies can provide guidelines which permit institutions to better understand the effects of student characteristics and institutional factors and how they relate to student college decision-making. A better understanding of the effects that student attributes have on college choice processes can be used to identify groups of students possessing characteristics similar to those who are likely to apply, be admitted and enroll at a particular college. Paulsen also noted that understanding the effects of institutional characteristics on how students make college choices can provide helpful information to develop the most appropriate marketing mix of attractive programs, delivered at appropriate times and places, and at acceptable prices. Better information about how students and institutions interact can be helpful in designing effective marketing strategies, especially in high yield markets (Paulsen, 1990). As a consequence, college choice studies have become an increasingly important part of strategic enrollment management activities.

The literature also details that the college choice decision process involves three broad stages. The first
stage is the formation of college aspiration, which includes the factors and processes influencing and shaping a student's educational aspirations. The formation of college aspirations can take place over a long period of time, from early childhood through high school and beyond. The second stage of college choice involves identification, selection of and application to a select number of colleges. During this stage potential students acquire information from various sources about colleges they are considering. The identification and selection process ends when a student applies to one or more institutions. The final phase is admission, college enrollment and attendance. In this phase of the college choice process students choose to enroll in one of the institutions included in their "choice set" (Weiler, 1994; Paulsen, 1990). The choice set refers to the set of institutions that a student plans to apply to. Information on choice preferences is typically obtained from the survey administered when college entrance tests are taken.

Over the past two decades numerous studies have examined the college choice behavior of undergraduate students at each stage of the college choice process (see, Kohn et al., 1976; Weiler, 1994). Several studies have reviewed the literature on student college choice (see, Manski and Wise, 1983; Hossler, 1984; Hossler et al., 1989; Paulsen, 1990). Studies on college choice vary greatly with respect to the data sources, models and findings. Typical data sources of college choice studies include various types of information collected while completing the ACT or SAT tests used for admissions purposes. These tests provide profiles and "preferences of high school graduates who took these exams" (Weiler, 1994). To date, most studies of college choice have focused on undergraduates, but several recent studies have also examined the college choice decisions of graduate students (Hearn, 1987; Kallio, 1995). Logit, probit, ordinary least squares regression models or discriminant statistical analyses are generally used to model student college choice behavior.

Studies of college choice behavior suggest that the characteristics of students (e.g. race, gender, marital status, family income, parents' educational attainment and occupational status, academic ability and achievement), institutional characteristics (e.g. tuition, financial aid, home location, reputation, selectivity, special programs and curriculum); and contextual factors (e.g. parental encouragement, teacher encouragement and peers' plans) influence students' application decisions. Generally, these studies have found that as students' family income, educational aspirations, academic ability, achievement and parental education increase, students are more likely to choose high cost, highly selective, distant, private and four-year institutions (Hossler et al., 1989; Paulsen, 1990).

Another important finding is that the college selection process is interactional, depending on both the attributes
of the student and the characteristics of the institution. Some interaction effects between student and institutional characteristics are especially important in order to develop effective enrollment management policies. For example, Weiler (1994) found that the match between a student's preferences and an institution's characteristics is the most critical factor influencing the decision to apply. Weiler also found that geographic location and congruence between SAT scores of prospective applicants and current enrollees are of particular importance in predicting college choice. College choice also appears to be influenced by the cost of attendance, family income and academic ability. For example, Manski and Wise (1983) found that student responsiveness to college cost is negatively related to income and academic ability. However, this negative relationship is significantly greater for students from lower income families and for students with lower academic ability.

Despite an increase in the number of studies examining student college choice, there is still a dearth of information about the factors that influence a student's decision to attend a particular postsecondary educational institution (Weiler, 1994). Each institution has its own unique characteristics that influence students' college choice processes. Also, there are few studies based on a large sample of students representing diverse groups and interests. Thus, the existing literature remains limited in its ability to provide a broad and comprehensive understanding of the college choice decisions of students desiring to attend large, public institutions like the institution examined in this study.

## 3. Methodology

### 3.1. Data sources

Our research focuses on factors hypothesized to affect students' college application behavior for a single institution. Located in a major metropolitan area, the study institution is one of the most comprehensive research, land-grant universities in the United States. This institution enrolls over 4000 new first-year students each fall (about $16 \%$ of whom are students of color), offers 160 baccalaureate programs, houses approximately $70 \%$ of its new first-year students in residence halls on campus, and has recently implemented new information technologies that emphasize "user friendliness" in student services. In recent years the institution has become more selective in undergraduate admissions and has established a goal of having $80 \%$ of new freshman from the top quartile of their high school class by the year 2000.

The data used in this study came from two sources. First, we obtained the entire data set of over 1 million ACT test takers intending to enroll in higher education in the fall of 1995. These data were compiled from the

Student Profile Questionnaire, which is administered when the ACT test is taken. This questionnaire provides information about: (a) educational plans, interests and needs; (b) special educational needs, interests and goals; (c) college majors and occupational choices; (d) college extracurricular plans; (e) financial aid needs and work plans; (f) demographic and background information; (g) factors influencing college choice; (h) high school information; (i) high school extracurricular activities; (j) out-of-class accomplishments; and (k) an evaluation of the high school experience. Since this data set is much more comprehensive than data sets used in most other studies, we expected to obtain a better understanding of the factors that affect the student application process. The second data set consisted of application and enrollment information for the study institution's fall 1995 freshman class, but only the results pertaining to application are presented here. Institutional information was extracted from in-house data sources and then matched (using social security number) with the ACT data to create the sample used in this study.

Initially, we attempted to analyze the full data set (all ACT test takers in the United States intending to enroll in 1995). However, we faced two problems in using the entire data set. First, statistical analysis of over a million cases was difficult (even on an IBM mainframe) because of the substantial computer memory and time requirements of the statistical model. Second, an analysis of a number of subsets of the entire data set convinced us that relatively little information was gained by analyzing the full data set. Since $85 \%$ of applicants to the study institution come from within the state or from bordering states, and these students represent the applicant pool for the study institution, we focused only on ACT test-takers from these states. The effective sample included 110491 students or roughly $10 \%$ of all national ACT test takers.

The definitions of the variables used in the study are summarized in Table 1. The dependent variable in this study is a discrete variable (i.e. 1 if the student applied to the study institution and 0 otherwise). Most of the independent variables included are binary variables because the data were obtained from survey questions of a categorical nature; continuous measures were used when possible (descriptions of the reference categories are presented in Table 2). Independent variables hypothesized to affect application probabilities include students' personal and background characteristics (marital status, gender, ethnicity, number of siblings, family income, home location, home town size); educational characteristics (degree aspirations, high school rank, college preparatory courses, high school size, ACT scores); preferences about the college (maximum yearly tuition preferred, intended place of residence, size and control of preferred institution); and college intentions (work plans, educational needs and interests, intention to apply for financial aid, and prospective major).

### 3.2. The empirical model

The conceptual model used in this study is based on human capital theory (see Weiler, 1994). The human capital model states that a student's college choice decision is based on the expected net benefits (utility) of attending a particular institution. In such a model, the students who take the ACT assessment test are assumed to face a set of educational and non-schooling options. That is, the first choice is between college attendance and the pursuit of non-college alternatives such as labor force participation, the military or homemaking. If the student decides to pursue postsecondary education, the next decision involves making a discrete choice between applying or not applying to a particular institution from a set of preferred colleges and universities (the "choice set"). Individuals are assumed to be utility maximizers in that they choose to apply to a particular institution when the perceived net benefits (the difference between the benefits and costs of application to a specific institution) from applying to this institution are positive. In other words, student $i$ will decide to apply to institution $k$ when the utility of applying to $k$ is greater than the utility of not applying. This decision process can be summarized by the application decision model (see, Weiler, 1994).

### 3.3. General model

Because of the dichotomous nature of the dependent variable (applied/did not apply), and because the mean of the dependent variable is in the extreme lower end of the probability distribution (mean probability of application $=0.11$ ), we applied a logistic regression model to the sample. However, when estimating models with dichotomous dependent variables, if the mean of the dependent variable is near 0.5 , ordinary least squares regression will provide results similar to those produced by a logistic regression (or probit) model (Dey and Astin, 1993; Weiler, 1994). The logistic regression model is specified as
$\log \frac{P_{i}}{1-P_{i}}=\alpha+\beta_{i} X_{i}+\delta_{i} Y_{i}+\gamma_{i} Z_{i}+\epsilon_{i}$
where $P_{i}$ is the probability that student $i$ will choose to apply to the study institution; $X_{i}$ is a vector of personal and demographic characteristics such as socioeconomic background and academic ability; $\mathrm{Y}_{i}$ is a vector of prior educational characteristics; $Z_{i}$ is a vector of college intentions and preferences; $\alpha, \beta_{i}, \delta_{i}$ and $\mathrm{Y}_{i}$ are estimated coefficients; and $\epsilon_{i}$ represents a random error term which is logistically distributed. The dependent variable in this regression equation is simply the logarithm of the odds that a particular choice (i.e. whether to apply to the study institution or not) will be made. The model is estimated

Table 1
Definitions of the explanatory variables

| Variable name | Definition |
| :--- | :--- |
| Personal and demographic characteristics |  |
| Gender | A dummy equal to one if the student is male |
| Marital status | A dummy equal to one if the student is married |
| Ethnicity |  |

Table 1
Continued

| Variable name | Definition |
| :---: | :---: |
| High school extracurricular activities |  |
| Varsity athletics | A dummy equal to one if the student participated in varsity athletics |
| Political campaign | A dummy equal to one if the student participated in political campaigns |
| Music | A dummy equal to one if the student participated in musical activities |
| Religion | A dummy equal to one if the student participated in religious organizations |
| Community service | A dummy equal to one if the student participated in community services |
| College prep | A dummy equal to one if the student took any college preparatory courses |
| High ability | A dummy equal to one if the student is ranked in the top quartile in his/her high school class |
| ACT scores |  |
| Quartile 1 | Reference group. If the student is ranked in the top quartile on ACT Composite test |
| Quartile 2 | A dummy equal to one if the student is ranked in the second quartile on ACT Composite test |
| Quartile 3 | A dummy equal to one if the student is ranked in the third quartile on ACT Composite test |
| Quartile 4 | A dummy equal to one if the student is ranked in the fourth quartile on ACT Composite test |
| Preferences about the College |  |
| Tuition preference |  |
| Less than 2 K | Reference group. If the student prefers tuition up to \$2000 |
| 2-3 K | A dummy equal to one if the student prefers tuition between \$2 and 3000 |
| 4-5 K | A dummy equal to one if the student prefers tuition between $\$ 4$ and 5000 |
| Greater than 5 K | A dummy equal to one if the student prefers tuition greater than \$5000 |
| No tuition preference | A dummy equal to one if the student indicates no preference about tuition |
| Public college | A dummy equal to one if the student prefers a public college or university |
| Preferred residence |  |
| Residence hall | A dummy equal to one if the student prefers to live in a residence hall |
| Off campus | A dummy equal to one if the student prefers to live in a frat/sorority house, married housing or apartment |
| Parents' house | Reference group. If the student prefers to live at his/her parent's house |
| Large college | A dummy equal to one if the student prefers to attend a college with more than 20000 students |
| College intentions |  |
| Work plans |  |
| Not work | Reference group. If the student plans not to work |
| Up to 10 h | A dummy equal to one if the student plans to work between 1 and 10 h per week |
| 10-20 h | A dummy equal to one if the student plans to work between 11 and 20 h per week |
| 20-30 h | A dummy equal to one if the student plans to work between 21 and 30 h per week |
| More than 30 h | A dummy equal to one if the student plans to work more than 30 h per week |
| Apply for aid | A dummy equal to one if the student intends to apply for financial aid |
| Post baccalaureate degree | A dummy equal to one if the student intends to get a post baccalaureate degree |
| College major/occupational choice |  |
| Chemical engineering | A dummy equal to one if the student intends to study chemical engineering |
| Economics | A dummy equal to one if the student intends to study economics |
| Psychology | A dummy equal to one if the student intends to study psychology |
| Geography | A dummy equal to one if the student intends to study geography |
| Mechanical engineering | A dummy equal to one if the student intends to study mechanical engineering |
| Math | A dummy equal to one if the student intends to study mathematics |
| Chemistry | A dummy equal to one if the student intends to study chemistry |
| Ecology | A dummy equal to one if the student intends to study ecology |
| Geography | A dummy equal to one if the student intends to study geology |
| Political science | A dummy equal to one if the student intends to study political science |
| Electrical engineering | A dummy equal to one if the student intends to study electrical engineering |
| Pre law | A dummy equal to one if the student intends to study pre-law |
| Pre medicine | A dummy equal to one if the student intends to study pre-medicine |
| Pre dentistry | A dummy equal to one if the student intends to study pre-dental |
| Business | A dummy equal to one if the student intends to study business |
| Letters | A dummy equal to one if the student intends to study letters |
| Arts | A dummy equal to one if the student intends to study arts |

Table 2
Descriptive statistics

| Demographic variables |  | Ed. characteristic variables <br> Variable name |  | Mean $(\%)$ | Variable name |
| :--- | :---: | :---: | :---: | :---: | :---: |

using a maximum-likelihood estimation (MLE) procedure (PROC LOGIT, an option included in the SAS statistical package).

### 3.4. Limitations

As is true of all empirical studies, this study is limited in a number of ways. First, the choice process is difficult to study because it is complex, longitudinal, interactional
and cumulative (see, Hossler et al., 1989). Although the data being used are rich and help us better understand how students' characteristics and institutional preferences relate to the application decision, the model does not allow us to capture the longitudinal and cumulative influences on the decision making process.

Second, the ACT data set does not include all the variables affecting a student's application decision to a particular institution, nor does it include some of the variables
that have been found to be significant in other studies (e.g. the education level of the students' parents and variables related to the influences of peers and family on their application decision). Other studies have found that parental education and the level of parental encouragement of students are positively associated with student college choice. As levels of parental education increase, students are likely to choose more selective institutions, ceteris paribus (Hossler et al., 1989). Hossler and colleagues also noted that as the level of parental encouragement increases, the likelihood that students will attend four year and more selective postsecondary education institutions rises. In a single-institution study, Welki and Navratil (1987) also found that parental preference plays an important role in the decision to attend college. Unfortunately, no data were available for these variables so we were unable to examine their effects on students' application decisions.

Third, there may be a statistical problem (selectivity bias) that limits the generalizability of the results. Students who prefer to study at institutions located on the East or West coasts of the United States are likely to take the SAT rather than the ACT test. However, students taking only the SAT are not included in our sample. Since students taking the ACT are more likely to apply to colleges and universities in the Midwest, students likely to choose institutions in the Midwest are over-represented in the sample.

Finally, by using dichotomous independent variables to represent most of the ACT Student Profile information we may be losing some statistical precision. Using "dummy" or categorical independent variables does, however, make it easier to interpret the results of variables hypothesized to affect application probabilities. Even though it is common practice to specify the explanatory variables in this fashion, some valuable information may be lost. At a later date we hope to estimate the model using interval measures to examine how sensitive the results are to our specification of the independent variables.

## 4. Results

Table 2 includes descriptive statistics of the sample. Tables 1A and 2A in Appendix A present the estimates produced by the restricted models and Table 3 (below) presents the results of the unrestricted model. The first restricted model estimated (Model 1) included personal and demographic factors only. In Model 2, the second restricted model estimated, we added students' educational characteristics that are hypothesized to affect the probability of applying to the study institution. The unrestricted model (Model 3) includes all variables used in Model 2 plus the college preferences and intentions of students in the sample. Unless otherwise noted, the
results discussed below will be based on the estimates obtained from Model 3 (preferred based on a Likelihood Ratio test of Model 2 versus Model 3; see Table 3). Each table of results includes individual parameter estimates, asymptotic standard errors, and the significance level, odds ratios (change in the odds of applying) and delta$P$ statistics (change in the probability of applying) of the estimates (see Peterson, 1984, for details about the delta$P$ statistic). Any discussion of the statistical significance of individual variables is conditional on controlling for other factors included in the model, and any reference to statistical significance is at the $p<0.01$ level. This stringent level of significance was chosen because of the large sample size.

### 4.1. Personal and demographic characteristics

Less than $1 \%$ of the potential applicant population were married and the results indicate that married students have application propensities no different than unmarried students. With regard to gender, the Weiler (1994) study of applications to a private university found that women were significantly more likely to apply than men, but our results indicate no gender differences. We used a continuous measure to examine the effects of age on student application behavior and found that age and probability of application are positively related. Because of the potential financial burden on the family, we examined how the number of siblings under 21 years of age affects application probabilities. The average number of siblings was 1.4 and this continuous measure was found to be negatively related to application. We also found that students who delayed their enrollment (after graduating from high school) were slightly less likely to apply to the study institution than students who applied immediately after high school graduation.

In their review of the literature, Hossler et al. (1989) noted that few existing studies indicate that there are differences in student college choice with respect to a student's ethnicity. The authors concluded that African American students were less likely to apply to selective institutions, but also noted that very little is known about the college choice decision-making of other minority groups. Weiler (1994) noted that minority students are more likely to apply to private and selective research universities. We included six indicator variables designed to test whether there are differences in application behavior by ethnicity (see Table 1 for a description of each variable). The results indicate that African Americans are 1.2 times more likely to apply to the study institution than white students. However, in the Model 1 specification, African American students' application probabilities were not significantly different than white students' probabilities. This result indicates that controlling for high school and previous educational characteristics is important when trying to understand ethnic

Table 3
Unrestricted model (Model 3)

| Variable | Parameter estimate | Standard error | $\mathrm{Pr}>$ chi-square | Odds ratio | Delta-P |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Intercept | -7.9249 | 0.3324 | 0.0001 | - | - |
| Marital status | -0.0632 | 0.1251 | 0.6131 | 0.939 | -0.006 |
| Gender | 0.0361 | 0.0247 | 0.1435 | 1.037 | 0.004 |
| African American | 0.2064 | 0.0749 | 0.0059 | 1.229 | 0.022 |
| American Indian | 0.155 | 0.1332 | 0.2444 | 1.168 | 0.016 |
| Hispanic | 0.0978 | 0.0953 | 0.3049 | 1.103 | 0.010 |
| Asian American | 0.7594 | 0.0551 | 0.0001 | 2.137 | 0.099 |
| Other ethnicity | 0.1208 | 0.0537 | 0.0245 | 1.128 | 0.012 |
| Age | 0.3004 | 0.0174 | 0.0001 | 1.35 | 0.033 |
| Delay in enrollment | -0.0837 | 0.0244 | 0.0006 | 0.92 | -0.008 |
| Siblings | -0.0275 | 0.00961 | 0.0042 | 0.973 | -0.003 |
| Farm | -0.7911 | 0.0581 | 0.0001 | 0.453 | -0.057 |
| Town less than 10 K | -0.4426 | 0.0441 | 0.0001 | 0.642 | -0.036 |
| Town 10-50 K | -0.2069 | 0.0385 | 0.0001 | 0.813 | -0.019 |
| Town 50-250 K | -0.0766 | 0.0409 | 0.0613 | 0.926 | -0.007 |
| Less than 18 K | 1.1815 | 0.0364 | 0.0001 | 3.259 | 0.177 |
| 18-24 K | 0.973 | 0.0512 | 0.0001 | 2.646 | 0.136 |
| 24-30 K | 0.792 | 0.0492 | 0.0001 | 2.208 | 0.104 |
| 30-36 K | 0.9765 | 0.0414 | 0.0001 | 2.655 | 0.137 |
| 36-42 K | 0.6282 | 0.046 | 0.0001 | 1.874 | 0.078 |
| 42-50 K | 1.1081 | 0.0376 | 0.0001 | 3.029 | 0.162 |
| Wisconsin | -0.8779 | 0.0258 | 0.0001 | 0.416 | -0.061 |
| Other reciprocity states | -1.2816 | 0.0523 | 0.0001 | 0.278 | -0.077 |
| Iowa | -3.7951 | 0.095 | 0.0001 | 0.022 | -0.107 |
| Less than 10 miles | -0.2131 | 0.0502 | 0.0001 | 0.808 | -0.019 |
| 10-25 miles | 0.2522 | 0.0447 | 0.0001 | 1.287 | 0.027 |
| 26-100 miles | -0.2386 | 0.035 | 0.0001 | 0.788 | -0.021 |
| Public high school | -0.2157 | 0.0433 | 0.0001 | 0.806 | -0.019 |
| HS less than 100 | -0.7519 | 0.054 | 0.0001 | 0.471 | -0.055 |
| HS 100-200 | -0.4738 | 0.05 | 0.0001 | 0.623 | -0.039 |
| HS 200-400 | -0.2409 | 0.0434 | 0.0001 | 0.786 | -0.021 |
| HS 400-600 | -0.1682 | 0.0466 | 0.0003 | 0.845 | -0.015 |
| English prep | 0.0438 | 0.0511 | 0.3919 | 1.045 | 0.004 |
| Math prep | -0.07 | 0.0628 | 0.2648 | 0.932 | -0.007 |
| Natural science prep | -0.2152 | 0.0462 | 0.0001 | 0.806 | -0.019 |
| Social science prep | 0.425 | 0.0857 | 0.0001 | 1.53 | 0.049 |
| Foreign language prep | 0.4435 | 0.0425 | 0.0001 | 1.558 | 0.051 |
| Honors | 0.1579 | 0.0286 | 0.0001 | 1.171 | 0.016 |
| Study abroad | 0.1668 | 0.0257 | 0.0001 | 1.181 | 0.017 |
| Political campaign | 0.0984 | 0.0403 | 0.0145 | 1.103 | 0.010 |
| Music | -0.0702 | 0.0251 | 0.0051 | 0.932 | -0.007 |
| Religion | -0.1211 | 0.0284 | 0.0001 | 0.886 | -0.011 |
| Varsity athletics | 0.0395 | 0.0259 | 0.1266 | 1.04 | 0.004 |
| Community service | 0.0883 | 0.0254 | 0.0005 | 1.092 | 0.009 |
| College prep courses | 0.2149 | 0.0295 | 0.0001 | 1.24 | 0.023 |
| High ability | 0.1164 | 0.0289 | 0.0001 | 1.123 | 0.012 |
| Quartile 2 ACT | -0.1739 | 0.0319 | 0.0001 | 0.84 | -0.016 |
| Quartile 3 ACT | -0.389 | 0.0351 | 0.0001 | 0.678 | -0.033 |
| Quartile 4 ACT | -0.7364 | 0.0408 | 0.0001 | 0.479 | -0.054 |
| 2-3 K | -0.1386 | 0.0693 | 0.0454 | 0.871 | -0.013 |
| 4-5 K | 0.124 | 0.0658 | 0.0597 | 1.132 | 0.013 |
| More than 5 K | 0.2849 | 0.0666 | 0.0001 | 1.33 | 0.031 |
| No tuition preference | 0.1367 | 0.0624 | 0.0285 | 1.146 | 0.014 |
| Public college | 0.5884 | 0.0287 | 0.0001 | 1.801 | 0.072 |

Table 3
Continued

differences in application behavior. We found that Asian American students are more than twice as likely to apply as white students but other ethnic groups did not apply at significantly different rates than white students.

Previous research on student college choice has found that family income affects student college choice. Students from high socioeconomic families are more likely to apply to and attend out-of-state and selective postsecondary institutions (see, Hossler et al., 1989; Weiler, 1994). Weiler (1994), for example, found that students who are from high income families are more likely to apply to a private, selective institution, and the probability of application increases as the level of family income rises. We included seven family income categories to estimate the effects of a student's financial situation on the college application decision. We found that students from families with incomes less than $\$ 18000$ and students with family incomes in the \$42-50 000 ranges were more than three times as likely to apply than
students from families with incomes above $\$ 50000$ (the reference category). The results associated with the $\$ 42-$ 50000 group are especially interesting as they indicate a divergence from the general pattern of declining odds ratios with increases in income.

The empirical evidence suggests that distance from a student's home strongly influences college choice behavior (Hossler et al., 1989; Leppel, 1993). In most studies, distance from home appears to be negatively associated with the likelihood of student application or enrollment. Leppel (1993) identified several reasons for this finding. First, students are less likely to have information about a college as distance increases. Students are likely to get more information from nearby institutions through their high school counselors or college recruitment representatives. Second, the cost of attending college increases with distance from home. Third, if students consider attending a distant school, their college choice set tends to include more schools, thereby reduc-
ing the probability that any single institution will be chosen. Fourth, many students feel less comfortable in unfamiliar, distant places making them more likely to choose a school near their home. Fifth, students are likely to go to colleges where their friends or parents attend(ed), since they will be familiar with those institutions. It should be noted, however, that there are studies indicating that distance from home has no effect on student application decisions. For example, Chapman (1979) found that distance was not related to the decision to apply to a private university.

After controlling for possible confounding factors, our results indicate that students who live within 10 miles of the study institution are less likely to apply than students who live more than 100 miles away from the university (the reference group). Students who live between 10 and 25 miles from the institution, however, are about $29 \%$ more likely to apply than students from the reference group. However, when only demographic factors were included in the model (Model 1) these students were significantly less likely to apply. This sign reversal indicates the sensitivity of this variable to inclusion of factors related to a student's educational background. Students who originally resided 26-100 miles from the institution are also less likely to apply than students from the reference group.

How does the size of the community a potential applicant comes from affect their chances of applying? This question was addressed by including dummy variables that categorized hometown size (see Table 1 for definitions). We found a positive relationship between application probability and home town size. For instance, students from farms are about half as likely to apply to the study institution as students from cities with more than 250000 people (the reference group). Students from cities with between 50 and 250000 people are not statistically different than the reference group. Generally, students from hometowns of less than 10000 inhabitants have application probabilities of about $64 \%$ of students from the reference group, while students from towns with 10-50 000 persons have probabilities of about $80 \%$ of the reference group.

Since the state of Minnesota has tuition reciprocity agreements with bordering states, we decided to test whether these policies help to draw applicants to the institution. We included a variable indicating whether a student is from Wisconsin since these students pay the tuition rate of their home state's large research university at the study institution. We also created an indicator variable for students from North or South Dakota. Minnesota's agreement with these two states is not as generous as the Wisconsin agreement but students from the Dakota's still pay less than nonresident tuition rates. An indicator variable was also included indicating whether a student is from Iowa. There is a very limited agreement between small institutions in Northern Iowa and South-
ern Minnesota but most Iowa students attending the study institution pay nonresident tuition. The reference group includes Minnesota residents.

We found that Wisconsin residents, who are covered by the most generous reciprocity agreement, are more likely to apply to the study institution than residents of the other states bordering Minnesota. We also found that North and South Dakota residents apply at greater rates than students from Iowa. Since the model controls for many of the factors that could confound these results, we believe Minnesota's tuition reciprocity agreements draw applicants to the study institution.

### 4.2. Effects of educational characteristics

Existing research suggests that student ability affects the college choice process. High ability students are more likely to select out-of-state and more selective institutions (Hossler et al., 1989). We used two measures of ability (i.e. high school rank percentile and ACT Composite score) in the model to test the effect of student ability on application decision making. Students who ranked in the top quartile of their high school class are more likely to apply to the study institution than for their lower high school rank counterparts (the reference group). As indicated by the odds ratios and delta-P statistics, students from the top quartile of their high school class are over $12 \%$ more likely to apply than students from the reference group. Because we were unable to obtain actual ACT test scores for all students, we used categories that approximate quartiles (the reference group is the top quartile). The odds ratios for the second, third and fourth quartiles are all less than one and decline by quartile indicating that application probabilities and ACT composite scores are positively related. For instance, students who score in the fourth quartile on the ACT test are about half as likely to apply as students scoring in the top quartile.

A single dummy variable was included to test whether taking college preparatory course work in high school had a significant effect on application probabilities. As expected, the results indicate that students who took college preparatory courses in high school are more likely ( 1.24 times) to apply to the study institution than students who did not take college preparatory courses.

The effect of student involvement in a number of high school extracurricular activities was also tested. Students who indicated involvement in music or religion were less likely to apply than the general population and students who participated in varsity athletics in high school had application probabilities no different from the general population.

Does high school graduating class size have any effect on student college choice? The results indicate that students from large high school classes are much more likely to apply to the study institution than students from
smaller graduating classes. For instance, students who graduated in classes of less than 100 are roughly half as likely to apply than students who graduated from classes with more than 600 students. We also tested whether high school control (public versus private) affected students' application decisions and found that students graduating from public high schools are less likely to apply than students who attended private high schools. Further examination of this result is certainly warranted, but it may be that the reputation of the institution or the broad array of disciplines offered differentially affects the choices of students who attended private high schools.

A few years ago the institution implemented high school preparation requirements for enrollment. All applicants are expected to have completed 4 years of English, 3 years of mathematics, 3 years of science, 2 years of a (single) second language, and 2 years of social studies. The ACT questionnaire provides information on the number of years students have (or will have) studied various subjects by the time they graduate. We found that students who did not meet the English and mathematics requirements had application probabilities no different than students who complied, whereas students who did not fulfill the natural science requirement were less likely to apply than students who had. Students who had 2 years of a foreign language were $56 \%$ more likely to apply than students who had not fulfilled this requirement. Inexplicably, students who did not meet the social science requirement were more likely to apply than students who met the requirement.

### 4.3. College preference effects

Institutional attributes may have an impact on the student college choice process. In a review of the literature on the effects of institutional attributes on college choice, Hossler et al. (1989) identified the following attributes as having an impact on students' decisions to apply to or attend a college or university: tuition, financial aid availability, special academic programs, academic reputation (or institutional quality or institutional selectivity), size of institution, institutional control (public versus private) and social atmosphere.

The institution under study is a large land-grant institution and student preferences regarding institutional control (public versus private) may have an effect on their college choice calculus. Our findings indicate that students who prefer to attend a public college or university are 1.8 times more likely to apply to the institution than students who prefer a private institution. Also, students who prefer to attend a college or university with more than 20000 students were found to be about 3.4 times more likely to apply to the study institution than students who indicated an intention to enroll in a smaller institution.

We also found that students who intend to continue their education beyond the baccalaureate level are about 1.5 times more likely to apply than students who did not indicate a desire to pursue an advanced degree. Also, where a student intends to reside during college (residence hall, off-campus, at their parents' house) did not significantly affect application probabilities after controlling for other (possibly) confounding factors. We also tested whether students expressing a desire to take honors courses in college or who intend to study abroad had application probabilities different than students not desiring to pursue these options. Students who indicated a desire to enroll in honors courses and students who indicated a desire to study abroad were 17-18\% more likely to apply to the study institution than students who did not indicate an interest in these programs.

An institution in a neighboring state is viewed as a popular alternative for students considering the study institution. Thus, we developed an indicator variable that allowed us to test whether students who had the other institution first in their choice set were more or less likely to apply to the study institution. We found that individuals who had the other institution as their first choice, ceteribus paribus, were about half as likely to apply to the study institution as students who did not have the competitor as their first choice.

Although there is sufficient evidence in the literature that students consider costs when selecting a college, we were interested in examining whether the preferred yearly tuition levels have an impact on the probability that students apply to the study institution. We included four preferred maximum yearly tuition variables and found that only students who prefer to pay more than $\$ 5000$ in tuition are more likely to apply than students who prefer tuition rates below $\$ 2000$. Specifically, students who preferred tuition levels above $\$ 5000$ per year were about 1.3 times more likely to apply as students preferring tuition rates less than $\$ 2000$ per year.

### 4.4. Effects of college intentions

We examined the effect of intentions to work on students' application decisions. Generally, the results indicate that students who plan to work are less likely to apply than students who have no intention of working while in college and the chances of applying to the study institution decline as the number of hours intended to work increases. For instance, students who intend to work up to 10 h per week have application probabilities that are not statistically different than students who do not intend to work (the reference group). Students who expect to work more than 30 h per week, however, are only about half as likely to apply as the reference group.

It has been hypothesized that students select a program (and an institution) based on its reputation (or institutional quality). The ability to estimate the behavioral
impact of the reputational rank of a program on students' college application decision making is important given the growing use of such rankings by students. There is a debate in higher education regarding the effect of reputation of a program on a student's choice of a college or program. To test the effect of the study institution's ranked programs, we entered dummy variables for a variety of programs. These programs are highly ranked by the National Research Council (1982 and 1995 reports) doctoral programs ratings. Although the literature on college choice is replete with findings about student characteristics and institutional factors that affect student choice, no studies could be located that indicated whether or not the presence or absence of disciplinary programs of high reputation or quality affect undergraduates' selection of particular institutions. Analyses of the recent rankings of graduate programs by the NRC suggest that the number of highly ranked programs has a "halo effect" relative to the institution's overall ranking (Fairweather, 1988; Toutkoushian et al., in press). We realize that the NRC studies evaluate doctoral programs, however, students making college application decisions are probably less likely to distinguish between the reputation of a doctoral program and that of an undergraduate program.

Our results indicate that students who intend to study Chemical Engineering, the top ranked program in the country, are about 2.2 times more likely to apply to the study institution than the general population. Given that the study institution has a law, medical and dental school, we also tested the application effects of these programs. The results indicate that students interested in dentistry were more likely to apply than other students but no statistically significant effects were found for the law or medical programs. We also found that students interested in studying the arts (which accounts for over $4 \%$ of the sample) were $16 \%$ more likely to apply than the general population.

## 5. Discussion and conclusion

A logistic regression model was estimated to determine the factors that influence a students' application to a large land-grant institution. This model included several important variables that should be considered by institutional decision-makers. First, students' test scores and high school rank percentile, age, proximity to the institution, whether the student postponed their initial college enrollment, congruence between the student's preferred institution type and size and that of the study institution, and family income are all important variables in determining students' application decisions. Second, we found that a highly reputed program has a positive effect on students' college application decisions. Honors programs and study abroad options also positively influ-
ence applications to this institution. Third, we did not find any statistically significant effects of marital status or gender, but did find that African and Asian American students are more likely to apply than white students. The finding is welcome news given the institution's commitment to racial and ethnic diversity.

This analysis has several important implications. First, the estimated effects of the personal and demographic, high school and college preference characteristics are generally consistent with the findings of previous college choice studies. However, there are some institution-specific results of interest. We found that students from Iowa, a state without a general tuition reciprocity agreement with Minnesota are much less likely to apply to the study institution than students from states with tuition reciprocity agreements. Our finding that the high school preparation requirements are (generally) not a deterrent to application. This is welcome news given a concern among some quarters that these requirements would adversely impact access to this institution. We also found that there are specific academic programs that seem to draw applications and that students who have the main competition of the study institution as their first choice school are highly unlikely to apply. The ability to determine and more closely examine general and institutionspecific relationships should better enable us to inform recruitment policies at the study institution.

Using data on a substantial proportion of the potential pool of applicants to an institution is an improvement over studies that use only students who send their test scores to the institution. Using the latter limits one's ability to adequately explain the factors that influence college choice decisions since students who did not report their scores are excluded from the sample (see, Weiler, 1994).

If they are not already doing so, institutions should begin to use the information collected by ACT and SAT more effectively. In an era in which higher education institutions are increasingly accountable for costs and quality, it is important for institutions to devote resources to those activities that are most likely to have the desired impact. The ACT Student Profile Questionnaire is a rich source of information, which can be used to craft institutional policies and practices in admissions and retention. Targeting recruitment strategies to increase the probability of students with certain characteristics applying to a particular institution is a very practical outcome of this research strategy. Extending this strategy to the enrollment decision and beyond to students' retention and graduation behavior could enable institutions to think more wholistically about the recruitment-throughgraduation process.

We reiterate that this study examines only the application decision process. A more thorough approach would be to link the application and enrollment process in a single model. For instance, researchers should
explore how nested choice models could be used to jointly model applicant and enrollment behavior (see Greene, 1993). Also, since the college choice process takes place over time, researchers should look for ways to apply longitudinal models like event history methods to the study of college choice.

Large universities must balance their multiple mis-sion-related activities, but often do not have empirical research to demonstrate how their graduate and professional programs affect their undergraduate programs,
and how their research activities affect their educational mission, and vice versa. Findings in this study suggest that an institution's highly ranked doctoral programs may positively influence the application process of prospective undergraduates.

In the broader institutional policy arena, results of this study provide empirical evidence of progress towards strategic goals established by the study institution, especially goals relative to recruitment of students who are most able to benefit from the institution's academic

## Appendix A

Tables 1A and 2A given below show data from the demographics model (Model 1) and the demographics and educational characteristics model (Model 2) as mentioned earlier in this paper.

Table 1A
Demographics model (Model 1)


Table 2A
Demographics and educational characteristics model (Model 2)

| Variable | Parameter estimate | Standard error | Pr > chi - square | Odds ratio | Delta-P |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Intercept | -7.5027 | 0.3222 | 0.0001 | - | - |
| Marital status | -0.0699 | 0.1226 | 0.5686 | 0.932 | -0.007 |
| Gender | 0.1111 | 0.0238 | 0.0001 | 1.118 | 0.011 |
| African American | 0.3301 | 0.0728 | 0.0001 | 1.391 | 0.037 |
| American Indian | 0.2317 | 0.1303 | 0.0753 | 1.261 | 0.025 |
| Hispanic | 0.1642 | 0.0924 | 0.0756 | 1.179 | 0.017 |
| Asian American | 0.7818 | 0.0536 | 0.0001 | 2.185 | 0.103 |
| Other ethnicity | 0.0951 | 0.0522 | 0.0685 | 1.1 | 0.010 |
| Age | 0.3025 | 0.017 | 0.0001 | 1.353 | 0.033 |
| Delay in enrollment | -0.064 | 0.0237 | 0.0069 | 0.938 | -0.006 |
| Siblings | -0.0406 | 0.00943 | 0.0001 | 0.96 | -0.004 |
| Farm | -0.8847 | 0.057 | 0.0001 | 0.413 | -0.061 |
| Town less than 10 K | -0.4863 | 0.0431 | 0.0001 | 0.615 | -0.039 |
| Town 10-50 K | -0.2228 | 0.0375 | 0.0001 | 0.8 | -0.020 |
| Town 50-250 K | -0.0528 | 0.0398 | 0.1846 | 0.949 | -0.005 |
| Less than 18 K | 0.9881 | 0.0348 | 0.0001 | 2.686 | 0.139 |
| 18-24 K | 0.7658 | 0.0492 | 0.0001 | 2.151 | 0.100 |
| 24-30 K | 0.5919 | 0.0472 | 0.0001 | 1.807 | 0.073 |
| 30-36 K | 0.8132 | 0.0397 | 0.0001 | 2.255 | 0.108 |
| 36-42 K | 0.4454 | 0.0443 | 0.0001 | 1.561 | 0.052 |
| 42-50 K | 0.9724 | 0.0361 | 0.0001 | 2.644 | 0.136 |
| Wisconsin | -0.7953 | 0.0243 | 0.0001 | 0.451 | -0.057 |
| Other reciprocity states | -1.1728 | 0.0512 | 0.0001 | 0.31 | -0.073 |
| Iowa | -3.5825 | 0.0941 | 0.0001 | 0.028 | -0.107 |
| Less than 10 miles | -0.2992 | 0.0465 | 0.0001 | 0.741 | -0.026 |
| 10-25 miles | 0.1469 | 0.0403 | 0.0003 | 1.158 | 0.015 |
| 26-100 miles | -0.2668 | 0.034 | 0.0001 | 0.766 | -0.024 |
| Public high school | -0.0886 | 0.042 | 0.0348 | 0.915 | -0.008 |
| HS less than 100 | -0.8179 | 0.0525 | 0.0001 | 0.441 | -0.058 |
| HS 100-200 | -0.5226 | 0.0486 | 0.0001 | 0.593 | -0.042 |
| HS 200-400 | -0.2652 | 0.0422 | 0.0001 | 0.767 | -0.023 |
| HS 400-600 | -0.1636 | 0.0453 | 0.0003 | 0.849 | -0.015 |
| English prep | 0.0472 | 0.0499 | 0.3447 | 1.048 | 0.005 |
| Math prep | -0.1285 | 0.0611 | 0.0355 | 0.879 | -0.012 |
| Natural science prep | -0.2725 | 0.045 | 0.0001 | 0.761 | -0.024 |
| Social science prep | 0.2944 | 0.0828 | 0.0004 | 1.342 | 0.032 |
| Foreign language prep | 0.5218 | 0.0417 | 0.0001 | 1.685 | 0.062 |
| Honors | 0.1946 | 0.0276 | 0.0001 | 1.215 | 0.021 |
| Study abroad | 0.1804 | 0.0249 | 0.0001 | 1.198 | 0.019 |
| Political campaign | 0.1458 | 0.0391 | 0.0002 | 1.157 | 0.015 |
| Music | -0.0916 | 0.0244 | 0.0002 | 0.913 | -0.009 |
| Religion | -0.1702 | 0.0278 | 0.0001 | 0.844 | -0.016 |
| Varsity athletics | 0.1223 | 0.025 | 0.0001 | 1.13 | 0.013 |
| Community service | 0.1136 | 0.0247 | 0.0001 | 1.12 | 0.012 |
| College prep courses | 0.3148 | 0.0285 | 0.0001 | 1.37 | 0.035 |
| High ability | 0.12 | 0.028 | 0.0001 | 1.127 | 0.012 |
| Quartile 2 ACT | -0.146 | 0.031 | 0.0001 | 0.864 | -0.014 |
| Quartile 3 ACT | -0.3952 | 0.0341 | 0.0001 | 0.674 | -0.033 |
| Quartile 4 ACT | -0.786 | 0.0395 | 0.0001 | 0.456 | -0.057 |
|  | Intercept only | Intercept \& covariates |  | $\chi$ - square for covariate |  |
| - 2 log likelihood | 68992 | 56559 |  | 12433 | 48 df |
| Pseudo $R^{2}$ | 0.101 |  |  | ( $p<0.0001$ ) |  |
| Somer's $D$ | 0.611 |  |  |  |  |
| - 2LL Model 1 | - 2LL Model 2 | Likelihood ratio | df | $p$ value |  |
| 59453 | 56559 | 2894 | 22 | < 0.0001 |  |

programs. In particular, our results indicate that the institution is more likely to attract high ability students and students from within under-represented populations, both of which are elements of the institution's strategic planning initiative. In a period in which some institutional functions (like admissions) are evaluated based on specific numeric targets, broad-based research strategies can provide evidence of the linkages between prospective student activities and the furtherance of an institution's strategic planning goals. Our observation is that there is a paucity of research that serves to link institutional policies and students' behavior in the college application and enrollment arenas. We hope this study will serve as a catalyst for similar analyses to be conducted at other universities and on national data sets.

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